Caleb Plant Training Camp Quotes

BETHLEHEM, PA. (August 18, 2016) — Unbeaten prospect Caleb "Sweet Hands" Plant is closing in on making the leap from prospect to contender and hopes to help cement that position when he takes on hard-hitting Juan De Angel in the main event of Premier Boxing Champions TOE-TO-TOE TUESDAYS on FS1 and BOXEO DE CAMPEONES on FOX Deportes Tuesday, August 23 from Sands Bethlehem Events Center in Bethlehem, Pa.

Televised coverage begins at 9 p.m. ET/6 p.m. and features undefeated light heavyweight prospects Carlos Congora and Ronald Mixon in an eight-round bout.

Tickets for the live event, which is promoted by King's Promotions, are priced at \$108, \$83 and \$58, not including applicable service charges and taxes and are on sale now. Tickets are available at www.ticketmaster.com. To charge by phone call Ticketmaster at (800) 745-3000.

Plant gave a training camp update and talked about his upcoming bout and more:

On fighting in his first 10-round main event on FS1...

"This is a big opportunity for me to show the fans that I have arrived. FS1 is seen by millions around the word and I'm ready to make a statement to a national audience. I've been working hard to get to this point and I'm going to shine."

On his matchup with Juan De Angel...

"Like all fights at this level, it's going to be a tough fight. I'm expecting to see a hungry fighter who has nothing to lose. I myself have everything to lose so I'm going to make sure I'm at my best when we step in the ring. De Angel has held some regional belts so I know he has some tricks up his sleeve. One thing I will do is dictate the pace." On the landscape of the middleweight division...

"The middleweight division has plenty of talent. Gennady Golovkin has a stranglehold on the division at the moment but I'm gunning for him and anyone else that's in my way. First I have to get past this fight and then continue my march toward that world title."

On his recent training camp...

"My team and I have been working extremely hard. I've got all the right people in my corner helping me get to the top. I'm sparring with some really good fighters. I've taken my conditioning to new levels. My body is fresh and I'm amped up for this fight."

On his quest to become the first world champion to come out of Nashville, TN...

"To become the first world champion to come out of Tennessee would be incredible. I know I have a lot of hard work that needs to be done but I'm ready for the difficult challenge. Nashville needs a boxing champion and I know in my heart that it will happen. I'm just taking it one fight at a time."

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