

GH3 Promotions O'Shanique Foster and Lavarn Harvell score 1st round knockouts in Washington, DC

Nutley, NJ (August 25, 2015) – This past Saturday night at North Hall at East Market in Washington, D.C, two fighters under the GH3 Promotional stable scored first round stoppages and are now looking forward to big fights in the fall.

The card was promoted by Jeter Promotions.

Light Heavyweight Lavarn Harvell (15-1, 8 KO's) of Atlantic City, New Jersey took out Quincy Miner of Kansas City, while Jr. Lightweight O'Shanique Foster (7-0, 4 KO's) of Houston, Texas stopped Frank Jordan.

The bout was the first for Foster under the GH3 Promotional banner. He registered two knockdowns in the 86-second fight.

Harvell dropped Miner with a hard right hand and Miner could not beat the count and the fight was stopped at 2:35 of round one.

"Both Lavarn & O'Shanique did good jobs on Saturday and now they are both set up to come right back in September. We tentatively have Lavarn penciled in for September 26 in Beach Haven, New Jersey and O'Shanique will be back on September 18 and then in November 6," Said GH3 Promotions, Vito Mielnicki

GH3 Promotions features undefeated Middleweight Antoine Douglas, Super Middleweight's Jerry Odom & Derrick Webster, undefeated Super Bantamweight Adam Lopez as well as Boxcino 2015 Jr. Middleweight Champion John Thompson, Jr., undefeated Welterweight's Jerrell Harris & Keenan Smith, undefeated Super

lightweight Bienvenido Diaz, Heavyweight Natu Visinia, Light Heavyweight Lavarn Harvell, Jr. Lightweight O'Shanique Foster & Super Middleweight Andrew Hernandez to the GH3 Promotions stable.