

Junior Welterweight Kenneth Sims Jr. Weighs in for Main Event Fight against Cristian Ruben Mino in Orlando, Florida

Roseland, NJ (August 21, 2022) – Tonight at The Caribe Royale Resort in Orlando, Florida, junior welterweight contender Kenneth Sims Jr. takes on Cristian Ruben Mino in a 10-round bout for the WBA Intercontinental Super Lightweight title.

The fight can be seen live on the Bally Sports Network and Bally Sports App at 7 PM ET.

Sims, who is promoted by GH3 Promotions comes into the fight with a record of 17-2-1 with five knockouts.

Sims of Chicago is on a four-fight winning streak, which was highlighted by a eight-round unanimous decision over previously undefeated Elvis Rodriguez (11-0-1). He followed that up with a win over previously undefeated Keyshawn Williams (8-0-1) on Christmas Day in Newark, New Jersey.

Earlier in his career, Sims has wins over Jonathan Dinong (5-1) and Emanuel Robles (15-1-1).

Mino of Buenos Aries, Argentina is 22-5-2 with 17 knockouts.

The 25 year-old Mino has wins over Diego Marocchi (11-0), Gaston Rios (5-0-1), Alexis Quintana (4-1). Mino has won two straight, with the latest being a unanimous decision over Carlos Farias on June 25th.

“I am treating this like the biggest fight of my life,” said Sims.

"I have been around people that I can learn from. I am making sure my body and nutrition is good and training hard."

"I don't know much about Mino. I have seen some stuff on YouTube. He seems aggressive. He is a pretty good fighter with a good record."

"I have been training with guys like (undefeated fighters) Troy Isley, Duke Ragan and Bruce Carrington. We give each other confidence."

"I have confidence fighting against anybody. I feel that I am one the best in the division. The division is open for someone to take it over"

"Kenneth is turning into the fighter that I knew he could be. He has shown so much determination to get back to where he is now. He has always had major ability, and with a win against Mino, he will be in position in the WBA to move through the rankings. With a victory, I think He will get a big fight on a PBC Platform by December." said Vito Mielnicki of GH3 Promotions.

Sims is managed by Kevin Smalls and Ed Burns.

Sims weighed in at 139.6 lbs. Mino was 136 lbs.