

# Protect Yourself at All Times: A Guide for Professional Boxers

Dallas, Texas..... Forbes 30 Under 30 (Sports) entrepreneur, author, and professional athlete representative Adrian Clark has announced the second book of his guide series, titled, *Protect Yourself at All Times: A Guide for Professional Boxers*.

In unprecedented fashion, Clark delivers this blueprint for professional boxers with 12 rounds (chapters) of concise recommendations to help boxers empower themselves and protect their careers. Also included are testimonials from more than 40 current and retired fighters about their experiences in the business.

"The book is just the beginning of what will become a movement to protect professional boxers outside the ring," said Clark, who began representing fighters at 23 years old. "It is well overdue for someone to lead the charge and educate the fighters on the business side of things. Every fighter, and everyone closely connected to a fighter, should read this book."

As a fighter advocate as well as a manager, Clark recently released the "Boxer-Manager Agreement," a standard, legal document for boxers to contract the services of their manager or adviser. The 'Boxer Manager Agreement' can be downloaded on the AC Sports Management, LLC, website, [www.ACsportsm.com](http://www.ACsportsm.com).

To introduce the book, International Boxing Hall of Fame inductee and four division world champion Pernell "Sweet Pea" Whitaker and two-division world champion James "Buddy" McGirt will pair up for a third time. In this setting, the gloves are off and both fighters don their "writer" hat to tag-team the

foreword for Clark's book.

"Adrian's heart is where it's needed," McGirt said. "Everyone says they are looking out for professional boxers, but he is showing (by example) that he really looks out for the fighters. Adrian and this book are great for the sport of boxing and for the athletes."

Protect Yourself at All Times: A Guide for Professional Boxers will be endorsed by Everlast; the leading brand in Boxing for protective gear for fighters inside and outside of the ring. Clark will have a video blog on the Everlast website beginning July 6th, with a 3 minute summary of each chapter of this book.

"This book offers invaluable insights into the sport of boxing. Clark has shed light in grey space that exists in boxing and has effectively empowered professionals and amateurs through this important piece of work." (Chris Beadon, Sports Marketing Manager at Everlast)

Books will be available August 14, 2016 at Barnes & Noble stores and for order at Amazon and Everlast.com. Nook and Kindle versions of the book will also be available.

Adrian Clark, a graduate of Texas A&M-Corpus Christi, was named to Forbes' annual "30 Under 30 (Sports)" for 2016. He resides in Dallas and can be contacted at [Adrian@ACsportsm.com](mailto:Adrian@ACsportsm.com)