

Omar Douglas Wins over Frank De Alba

BETHLEHEM, PA. (December 30, 2015) – Unbeaten Omar Douglas (16-0, 11 KOs) gritted out a 10-round majority decision over Frank De Alba (17-2-2, 6 KOs) on Tuesday night's edition of Premier Boxing Champions (PBC) TOE-TO-TOE TUESDAYS on FS1 and BOXEO DE CAMPEONES on FOX Deportes from Sands Bethlehem Event Center in Bethlehem, Pa.

Douglas started to turn up the heat up in round two as he landed two hard left hooks that stopped De Alba in his tracks. De Alba was able to gain confidence in round three, as he was able to counter effectively against Douglas.

Round five had the best two-way action of the first half of the fight with both guys digging deep to gain an advantage. Douglas seemed to get the better of the exchanges as he landed the harder combinations. Douglas began to take over the middle rounds and in round eight, a left hook rocked De Alba and put him in danger for this first time in the fight.

The two fought hard down the stretch and excited the crowd with Douglas winning in the end by majority decision by scores of 97-93, 96-94 and 95-95.

In the co-main event, Miguel Cruz (12-0, 11 KOs) remained perfect by scoring a seventh-round stoppage over Virgil Green (11-4, 3 KOs) in a scheduled eight-round welterweight battle.

Cruz was dominant throughout the fight and in round four he rocked Green with a left hook that had his opponent stumbling into the corner. In round seven, Cruz landed a perfect right and left hook that put Green down.

Sensing his moment, Cruz quickly finished the deal with two hard lefts that forced referee Benjy Esteves to stop the fight

at 1:32 of round seven. Cruz's power punches proved to be most dangerous as he connected on 46 percent of them.

In the televised opener, Christopher Brooker (7-1, 5 KOs) worked hard and earned an eight-round unanimous decision over previously undefeated Leo Hall in a light heavyweight bout.

Brooker controlled most of the action and came out with a strong first round landing some solid punches in close on Hall. In round five, Brooker landed a solid combination that sent Hall back to the ropes and had him in trouble. He was far more accurate throughout the night, landing 49 percent of his total punches and 53 percent of his power punches.

In his strongest moment of the fight in round seven, Brooker landed a perfect right on the chin that drew a big reaction from crowd. The judges scored the fight 80-72 and 79-73 twice all for Brooker.

Here is what the fighters had to say Tuesday:

OMAR DOUGLAS

"I feel great. I got some great rounds. The judges might have made it a little bit closer than it really was. But I went into his hometown and did what I do.

"He was about as tough as my last fight. The only thing tougher than the last one was that I had to come here on the road and do it.

"This builds me. It makes me a better fighter. I had a great opportunity tonight and I jumped on it. I feel like I'm the better fighter and tonight I proved it."

FRANK DE ALBA

"It was a very competitive fight. I think I landed more punches. He was more aggressive, but I was landing more.

"This is boxing. I just come here to put on a show for the great fans. I thought I won the fight. I knew I beat him inside."

MIGUEL CRUZ

"It was a great fight, he was a tough opponent who was very agile and mobile. I had to be patient and it was great to get those rounds. I'm coming for the 147-pound division.

"I was definitely trying to break him down slowly. He was mobile, but I didn't expect him to be so quick.

"I was hurting him every time I hit him and I finally got him out of there."

VIRGIL GREEN

"The hits to the back of the head were the problem. I wanted the ref to do something about it but that's what hurt me. I never recovered from it.

"I felt like I was frustrating him and out-boxing him. But I never recovered from that blow."

CHRISTOPHER BROOKER

"It was a good fight. He's a good boxer, but I had to keep it rough. He has some good experience that kicked in, but my will, my heart and my training kicked in too.

"My loss is what got me motivated for this performance. No more setbacks, only get backs."

LEO HALL

"I tried to work, We were working in there. I wasn't surprised by anything. It was a good fight.

"I pushed myself. We got in there and fought. There's no excuses. We're going back to work."

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PBC on FS1 and FOX Deportes was promoted by Kings Promotions.

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Video: Omar Douglas

**Video: Omar Douglas Frank De
Alba Weigh in, December 28,
2015**

Omar Douglas and Frank De Alba discuss Christmas activities before December 29 showdown

BETHLEHEM, PA. (December 25, 2015) – Undefeated super featherweight contender

Omar “Super 0” Douglas (15-0, 11 KOs) faces his toughest test when he battles

Frank De Alba (17-1-2, 6 KOs) in the main event of Premier Boxing Champions (PBC) TOE-TO-TOE TUESDAYS on FS1 and BOXEO DE CAMPEONES on FOX Deportes with televised coverage beginning at 9 p.m. ET/6 p.m. PT on Tuesday, December 29 from Sands Bethlehem Event Center in Bethlehem, Pennsylvania.

With the fight taking place just four days after Christmas, Douglas and De Alba are trying to go about their business just as everyone else in light of the time of the year where most are spending time with family and gorging out on holiday food.

“My training has been great. I am just putting the finishing touches on camp. We are just working on the gameplan and focusing on defense,” said Douglas.

“For me fighting around the holidays is no big deal. I have fought around Thanksgiving a lot, so training around this time has no affect on me. This fight is very important and there will be more Christmas’ in future years. This is a huge opportunity that I won’t let slip away.”

When asked how he will be spending Christmas, Douglas will mix in some work to go with celebrating.

“I will go to my mother’s house early, open gifts and have a great time with my family. I will kick back for a little and

go on a run and hit the gym late in the day and put the finishing touches on everything. I am on weight so everything is good.”

Said De Alba, “Training camp has been great. Honestly, the camp could not be any better. I am excited for Tuesday. I have put in the work and it should be a great fight.”

“The holidays are not a distraction. When I dedicate myself, I am only focused on the fight. I really don’t think about the holiday, especially when I have a fight of this magnitude. I only think about the fight.”

Like Douglas, De Alba will get in some leisure time on Christmas Day while he continues to put the work in for Tuesday’s encounter.

“I will go to my family’s house. I will see all the kids, open up gifts and enjoy my family. I am good on weight but will do some cardio in the morning. The work has been done . If it is not done by now, there is nothing in the last few days that will change. This is going to be a great fight and may the best man win.”

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UNDEFEATED CONTENDER OMAR DOUGLAS MEETS FRANK DE ALBA IN PREMIER BOXING CHAMPIONS TOE-TO-TOE TUESDAYS ON FS1 & BOXEO DE CAMPEONES ON FOX DEPORTES MAIN EVENT

BETHLEHEM, PA. (December 15, 2015) – Undefeated super featherweight contender

Omar “Super 0” Douglas (15-0, 11 KOs) faces his toughest test when he battles

Frank De Alba (17-1-2, 6 KOs) in the main event of Premier Boxing Champions (PBC) TOE-TO-TOE TUESDAYS on FS1 and BOXEO DE CAMPEONES on FOX Deportes with televised coverage beginning at 9 p.m. ET/6 p.m. PT on Tuesday, December 29 from Sands Bethlehem Event Center in Bethlehem, Pennsylvania.

“I’ve been working really hard and getting great work in camp,” said Douglas. “It’s an opportunity of a lifetime and I plan to take advantage of it. I know how to beat this guy and I know I am in great shape. I expect an early night, but if it goes 10 rounds, so be it.”

“I am really grateful for this opportunity,” said De Alba. “I’ve had to make a lot of sacrifices to get to this stage. Now that we’re here, I’m going to take advantage. I know he is a strong fighter but we will be 100 percent come fight night. This will be an entertaining fight and I will give the fans what they pay for.”

This will be the ninth installment of the TOE-TO-TOE TUESDAYS and BOXEO DE CAMPEONES series since it premiered on FS1 and FOX Deportes on September 8 at the Hollywood Palladium. The

series has brought numerous exciting matchups and thrilling moments in 2015 and will continue to bring sensational fights to sports fans in 2016.

Tickets for the live event, which is promoted by King's Promotions, are priced at \$100, \$75 and \$45, not including applicable service charges and taxes and are on sale now. Tickets are available at www.ticketmaster.com. To charge by phone call Ticketmaster at (800) 745-3000.

An undefeated fighter out of Wilmington, Delaware, Douglas impressed in his TOE-TO-TOE TUESDAYS debut in September when he showed power and skill in defeating Braulio Santos in his first ten-round outing. The 24-year-old had already beaten Daniel Attah in 2015 and previously took down veterans Anthony Napunyi, Jean Javier Sotelo and Osnel Charles.

The 28-year-old De Alba is undefeated since dropping his pro debut back in 2011 and has picked up victories of Jesus Lule, Bernardo Uribe and Jose Bustos in 2015. Born in Puerto Rico but fighting out of Reading, Pennsylvania, De Alba previously fought at Sands Bethlehem in January 2014 when he took down Chazz McDowell.

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